



Scrimmage vs St Joe's at St. Joseph High School - Met (Boys)

3/23/2013

Nice Start - Cold/Windy

Shot Put		Comments
Esomonu, Chibueke	41' 02.00"	
Sagendorf, Tom	40' 06.00"	
Igori, Owen	36' 11.25"	
Lawler, Matt	33' 05.00"	
Eastman, Mike	32' 07.50"	PR (+06.00")
Goodling, Hunter	29' 06.00"	
Kenderes, John	27' 05.00"	
Restrepo, Andre	26' 03.00"	
Davidson, Justin		Foul

Frosh Shot Put (4kg)		Comments
Guillaume, Patrice	36' 02.00"	
Fusco, Alberto	32' 09.00"	
Morgan, John	30' 06.00"	
Eastman, Matt	27' 09.00"	
Perez, Tristan	24' 10.00"	

Long Jump (11:30 AM)		Comments
Wang, Thomas	18' 00.25"	
Gilbert, Serge	16' 09.00"	
Ryles, DaLon	16' 04.00"	
Johnson, Nate	14' 01.00"	
Christie, Perry	14' 01.00"	
Stinfil, Sregor		Foul

Triple Jump		Comments
Ryles, DaLon	36' 00.00"	
Gilbert, Serge	35' 06.25"	
Johnson, Nate	32' 08.00"	
Stinfil, Sregor	30' 06.00"	

400 Meter IH		Comments
Benoit, Roberto	1:12.90	
Herron, Mike	1:15.60	
Acosta, Brandon	1:16.30	
Mohammad, Alfred	1:20.10	
Brewer, Ian	1:22.20	

100 Meters		Comments
Fields, Darren	12.00	PR (-00.30)
Henderson, Jakell	12.10	
Flores, Ezekiel	13.20	
Munoz, Nick	13.20	

1600 Meters		Comments
1 Siegal, Derek	4:41.00	2:17,PR (-00.09)
Wright, Arthur	4:55.00	2:24
Novack, Luke	5:15.80	70,PR (-23.70)
Perona, Joe	5:21.00	2:20
Perona, Jimmy	5:21.00	70
Pangan, Martin	5:56.80	2:40
Veliakath, Joe	6:12.80	

400 Meters		Comments
Franco, Steve	54.40	PR (-00.20)
Sagendorf, Brian	55.10	PR (-02.80)
Dos Santos, Tiago	58.70	
Kusi, Jamelle	1:00.60	
Banks, Cameron	1:00.80	
Christie, Perry	1:03.40	
Ramirez, Bailey	1:05.00	
Coca, Antonio	1:16.30	
Diaz, Sebastian	1:17.50	
Gordon, Chandler	1:18.60	

110 Meter HH (Final)		Comments
Wang, Thomas	16.00	PR (-00.10)
Herron, Mike	20.10	
Brewer, Ian	21.30	
Acosta, Brandon	21.70	

800 Meters		Comments
Barbosa, Christian	2:07.80	59,PR (-16.80)
Birritteri, Nick	2:25.80	
Williams, Bishop	2:34.00	
Moncada, Matius	2:39.00	
Lamanna, Chris	2:47.00	
Nugent, Tim	2:52.50	
Kaluzny, Ian	2:55.20	
Tyburczy, Alexei	3:03.90	

200 Meters		Comments
Gilbert, Serge	24.50	
Banks, Cameron	24.80	PR (-00.10)
Fields, Darren	25.00	
Kusi, Jamelle	25.20	
Henderson, Jakell	25.30	
Stinfil, Sregor	26.10	
Acosta, Brandon	26.30	PR (-02.60)
Mohammad, Alfred	26.60	



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Flores, Ezekiel	26.80
Christie, Perry	27.20
Johnson, Nate	27.50
Ramirez, Bailey	27.80
Munoz, Nick	28.30
Coca, Antonio	29.50

Performer of the Meet: Brian Sagendorf

4x400 Relay "A"

Comments

Benoit, Roberto	400	57.70	
Siegal, Derek	400	56.20	<i>PR (-04.70)</i>
Barbosa, Christian	400	57.90	<i>PR (-03.30)</i>
Birritteri, Nick	400	1:09.30	
		4:01.10	

4x400 Relay "B"

Comments

Dos Santos, Tiago	400	1:00.90	
Wright, Arthur	400	57.90	
Gilbert, Serge	400	1:00.70	
Perona, Joe	400	1:01.60	
		4:01.10	

4x400 Relay "C"

Comments

Williams, Bishop	400	1:10.20	
Perona, Jimmy	400	1:08.10	
Kaluzny, Ian	400	1:15.40	
Pangan, Martin	400	1:11.80	
		4:45.50	

4x400 Relay "D"

Comments

Moncada, Matius	400	1:11.00	
Novack, Luke	400	1:11.00	
Lamanna, Chris	400	1:17.10	
Veliakath, Joe	400	1:19.30	
		4:58.40	

Discus

Comments

Davidson, Justin	101' 02.00"	
Esomonu, Chibueke	99' 02.00"	
Sagendorf, Tom	97' 09.00"	
Schmalz, Jason	87' 09.00"	<i>PR (+3' 02.00")</i>
Lawler, Matt	84' 03.00"	<i>PR (+16' 06.00")</i>
Florendo, DJ	80' 09.00"	<i>PR (+11' 09.00")</i>
Kenderes, John	66' 09.00"	

Javelin

Comments

Sagendorf, Brian	148' 11.00"	<i>PR (+4' 02.00")</i>
Sagendorf, Tom	143' 03.00"	
Florendo, DJ	128' 11.00"	
Eastman, Mike	99' 00.00"	<i>PR (+15' 03.00")</i>